# Growth Mindset Training

## **Overview**

This workshop aims to introduce the concept of a growth mindset in the workplace. It helps participants recognize how their mindset shapes their approach to challenges, feedback, learning, and collaboration. By shifting from a fixed to a growth mindset, employees can become more resilient, innovative, and open to development, ultimately contributing to a healthier, more adaptive organizational culture.

# **Objectives**

- To encourage employees to embrace challenges, learn from feedback, and view setbacks as opportunities for improvement.
- To improve team dynamics by promoting curiosity, resilience, and constructive dialogue.
- To explore ways managers and leaders can reinforce growth mindset values through recognition, feedback, and development opportunities.
- To promote a team culture that embraces learning, feedback, and collaborative problem-solving.

# **Who Should Participate**

- Business Owners
- Managers and Supervisors
- All Employees

# **Key Topics**

Module 1: Understanding the Growth Mindset

Module 2: Self-Assessment and Reflection

Mindset Shifts:

- Recognizing and challenging fixed mindset thoughts
- Strategies for shifting towards a growth mindset

Module 3: Embracing Challenges

Module 4: The Power of Effort and Persistence

Module 5: Learning from Feedback

Module 6: Cultivating Curiosity and Lifelong Learning

Module 7: Building a Growth Mindset Culture

Module 8: Practical Applications and Action Planning

Reserve now! Call us at:

Tel. (02) 8.727.56.28 / (02) 8.727.88.60

Mobile Numbers: Globe: 0915-205-0133 / Smart: 0908-342-3162

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Website: www.businesscoachphil.com



#### Time

9:00 am - 4:00 pm

#### Venue

 Unit 705-D Atlanta Centre, 31 Annapolis St., Greenhills, San Juan City, Metro Manila

#### Schedule

- Please check our website, or you may call any of our customer representatives.
- Schedule may change without prior notice. Please call to confirm. BusinessCoach, Inc. is not liable for any expense incurred by seminar registrant resulting from cancellation of any of its events.

#### Seminar Fee

 Php 4,000.00 per participant (inclusive of snacks, lunch, seminar kit, handouts, certificate of attendance)

## Why Choose BusinessCoach Inc. - VALUE!

- 1. The small number of participants allows proper learning; just like having your own consultant at a bargain price!
- 2. Exit surveys from our seminar attendees show the average rating of our resource speakers are from very good to excellent!
- 3. We offer the most diverse seminars and workshops.
- **4.** We make sure that our trainers provide the most significant and useful information.
- 5. Our customers keep coming back, while the others give us numerous referrals.
- 6. We have trained over 100,000 professionals, and counting!!!

#### **Discount**

 Php 500.00 Discount if FULL AMOUNT is paid at least five (5) banking days before the event.

#### Reservation

 Please call to register or use the registration form below. Kindly fillout and send to us through fax (8.727.8860 or 8.727.5628) or email.
You will receive a confirmation within 48 hours.

### **Mode of Payment**

• Deposit/Transfer cash payment to Banco de Oro:

Savings Account Name: BUSINESSCOACH, INC. Savings Account Number: 00235-003-71-22

 Kindly email deposit slip or screen capture of payment details (indicate name of participant and seminar title) to confirm reservation.

## Register Now! (Limited Slots Available)

\$	BusinessCoach,	Inc.
	QUALITY BUSINESS TRAINING	

Seminar Title		
Date		
Name/s of Participant/s		
Company Name		
Address		
TIN		
Contact Person		
Designation		
Landline		
Mobile Number		
Email Address		
(You may use a separate sheet for additional registrations)		

\*Kindly fax to (02) 8.727.5628 or (02) 8.727.8860, or email form to businesscoachphil@gmail.com